

1. Who is eligible for Rainbow Homes Services?

- a. The individual must be eighteen years of age with a Cognitive Impairment diagnoses who is motivated to become more independent and demonstrates some self-direction.
- b. Must not require continuous 24 hr supervision. Staff are available via phone when off grounds. There is always staff on-grounds overnight.
- c. Ability to express his/or her needs, follow instructions and demonstrate basic safety skills.
- d. Ability to participate in various social and community inclusion activities including volunteering in the community. Each person will be supported to attend the church of their choice.
- e. Ability to perform activities of basic living with minimum supervision and assistance.
- f. Ability to manage his/her anger or aggressive behavior so as not to be destructive towards oneself, others and/or property. In addition, does not exhibit behavior that requires restraint or staff physical intervention.
- g. Must be ambulatory or able to make one step up.
- h. Demonstrate general good health with current immunizations.
- i. Ability and willingness to follow House Rules.
- j. Ability to control sexual behavior socially appropriate in a faith based environment.

2. How does a person get on the waiting list?

In an effort to ensure each "new resident applicant" is admitted to Rainbow Homes on a fair, consistent and equitable manner, the following procedural steps are taken

- A request for application and an initial interview.
- Completion of all pertinent paperwork and review of policies.
- Completion of several dinner visits as well as a weekend visit.
- Review of application, provided documentation and follow-up of visits
- Determination if Rainbow Homes in an appropriate placement and person is placed on the waiting list.

3. Can I bring my own belongings?

Yes, each individual should bring things to furnish their apartment so they have all the comfort of home. Generally, they will need a bed, dresser, and night stand for their bedroom. They will need to bring other furnishing similar to moving into the "dorm" which means bedding, kitchen items, etc.. Before moving in we will review with the current and potential roommate the items that are present and what is needed. If an individual does not have means to obtain furnishings, we will work with community resources to obtain what is needed when necessary. We want the individual to make it their home.

4. Can I have my own room?

Yes, each individual has their own bedroom but share the rest of the apartment which includes a living/dining area, kitchen and bathroom with laundry facilities. There is additional attic storage for out of season clothing, camping items, etc.

5. What are some of the things I can be involved in?

Each individual is encouraged to explore a wide range of interest, hobbies and activities. Healthy living is encouraged by participation in sports, Special Olympics, nature walks and biking. Healthy cooking classes are offered by staff and MSU students in Nutrition and Dietetics. Volunteering in areas of interest may include the food bank, at churches and many area community agencies. Opportunities for community inclusion at local activities such as Lug Nuts, concerts, Wharton Center, area festivals, to name few. At home, there are opportunities to attend Bible study, participate in crafts, lawn games, classes and even help out with the garden.

6. What will I do if I don't have a job.

Staff will work with the individual and available agencies to find employment such as MRS, CMH and Peckham. In the interim, each person is assisted to find meaningful activity to engage in during the day which may include using the library, attending other agencies programs, and volunteering.

7. How is living at Rainbow Homes Funded?

Residents use their SSI, SSA and SSDA for payment. Additionally, some will qualify for Adult Home Help. This is a Medicaid funded program that pays for in home support in areas of bathing, medication, and grocery shopping to name a few. Staff will assist individuals to apply for services if qualified. Other financial support such as Food stamps or commodities may also be available based in income. We do accept private pay.